



Monthly Focus

Developing Mentoring Relationships

Week 4

Devotion

Scripture Passages

Once again, have Emerge members invite their mentors to the meeting. Also ask teens to bring their favorite song on a CD with the lyrics. If the teens have personal CD players or MP3 players that they can bring on which they can play the song, that would be helpful too. Have a few extra CD players around

for those who forget or can't bring one.

Have the mentors and mentees break off into pairs. Have

the teens allow their mentor to hear the song and read the lyrics. Please note: teens should be welcome to bring whatever song they choose – no matter the content or the language. They should also not be shunned for choosing this music at this point in the game. They will have to choose what they do and do not listen to as their relationship with Christ develops.

Pass out a copy of a few Psalms. Choose a wide variety of topics – Psalms of adoration, Psalms of lament, Psalms of praise, Psalms of grief. Psalms of thanksgiving, Psalms of wisdom or teaching, etc.

Once the mentors have listened to the song and read the lyrics, have them choose a Psalm that it is like in theme or structure. Have them read it over and discuss the ways in which it is similar. Also have them talk about why this particular song or CD is the teen's favorite.

Pass out paper and pencils. Encourage each person to write their own Psalm based on the theme of the song they just listened to. Example – if it was a love song, then perhaps the teen could write a love song to God. If the song was a song of anger or lament, then the teen could write a Psalm of lament to God.

When each pair finishes, have them share their Psalms with each other.

At the end, ask if any of the teens would like to share their Psalms with the group. Remind them that Emerge is a safe place to share and that there will not be any negative comments regarding what they share – if they would prefer, there won't be any comments at all.

At the end of your time together, have the mentoring pairs discuss the refine and pursue steps that they discussed last week. How did they do? Do they want to continue or choose something different?

Close in unified prayer.