



## Prayer Walk

**Monthly Focus**  
Prayer – A Two-Way  
Conversation

**Week 2**  
Mission (Option 1)

**Project Needs:**  
Bibles (optional but  
helpful)

Choose an area near your corps. The neighborhood could be one in which some of your teens live. It could be an area that your corps would like to reach. It might be an area that involves a little risk – perhaps drug dealers or prostitutes live there. The area you choose to

prayer walk might even be your corps and the corps parking lot. Whatever area you choose, before taking your teens there, ask the Lord if that is the area He wants you to pray through. If He says yes, then continue on with the exercise. If He says no (He probably won't but just in case), start back at the beginning.

Spend a few minutes with your teens discussing what a prayer walk is. Just in case you need a refresher, a prayer walk is an exercise in listening and obeying the Holy Spirit. Please let the teens know that every exercise they undertake in listening prayer is practice in hearing the voice of God. They can't really get it wrong.

Ask the teens to lead the walk. As the leader, you can encourage them to make simple decisions like which way you should go. Remind them that conversation is allowed but should be conversation that is uplifting and encouraging.

Spend about 30 minutes on your prayer walk. If it doesn't go for that long, that's okay. Once you return to the corps take some time to debrief the teens regarding their experience. Some questions you may want to ask are:

- What was that like for you?
- Did God say anything to you during the walk?
- Did God lead you to pray for anything specific during the walk?

Here are a few things you can encourage your teens to do as you walk.

**Follow any urges** you feel might be of the Holy Spirit. If you see a building you think the Lord would ask you to pray for, pray for it. If you see a person you feel the Holy Spirit leading you to give encouraging words to, speak to them.

**Read Scripture out loud.** A few passages you might want to suggest are Psalm 91, Isaiah 58, Ezekial 37, Psalm 23, Ephesians 3: 14 – 21, and Ephesians 6:10 – 18.

**Pray out loud or silently.** Before you even begin the walk, you may want to have a time of prayer where the teens practice praying out loud at the same time. This may help them get spiritually ready for the walk as well as become comfortable praying out loud in front of one another.

**Stop the entire group** if one of them senses that they should pray for a specific house, building, or area.

- Was it difficult in any way for you?
- What could we do as a group to make it more comfortable to take prayer walks?
- Would you be interested in taking more prayer walks?

At the end of your debriefing time, go through last weeks Refine and Pursue questions. Encourage the teens to continue with the choices they made last week or to choose new areas to take to God. Remind them that these are all just exercises in getting to know God and that the more we put them into practice the more we get to know him.